

## Sunday

### Breaky Time

Easy Carrot Muffins

### Let's Get Moving

Dance with DJ Raphi

### Crunch & Sip

Super Smoothies

### Discovery Learning

Science Kids

### Lunch

Easy Tuna stuffed Potato

### Chill Out Time

Butterfly Body Scan

### Spirituality

Craft for the 3 Weeks

## Monday

### Breaky Time

Cheese Omelette

### Let's Get Moving

Indoor Scavenger Hunt

### Crunch & Sip

Fruit & Veg Bouquet

### Discovery Learning

Maths Blaster

### Lunch

Asian Stir Fry

### Chill Out Time

Mini Crayon Muffins

### Spirituality

Jewish Games

## Tuesday

### Breaky Time

Layered Parfait

### Let's Get Moving

Kids HIIT Workout

### Crunch & Sip

Moist Banana Muffins

### Discovery Learning

Kids News

### Lunch

Fancy Grilled Cheese

### Chill Out Time

Mindfulness with Chocolate

### Spirituality

Jewish Games & Videos

## Wednesday

### Breaky Time

French Toast

### Let's Get Moving

Spiderman Workout

### Crunch & Sip

Frozen Peanut Butter Pops

### Discovery Learning

Virtual Dairy Farm Tour

### Lunch

Salsa Chicken Tacos

### Chill Out Time

Make your own stress Ball

### Spirituality

Jewish Kids Zone

## Thursday

### Breaky Time

Egg in a Hole

### Let's Get Moving

Scissors, Paper, Rock Battle

### Crunch & Sip

Date Balls

### Discovery Learning

Live Cams in Aquarium

### Lunch

Sushi Sandwiches

### Chill Out Time

Smell & Tell Game

### Spirituality

Shaboom Animated Series

## Friday

### Breaky Time

Mango Cobbler Overnight Oats

### Let's Get Moving

15 Min! Family Walking Workout

### Crunch & Sip

Avo Dip & Mixed Veg Sticks

### Discovery Learning

Storytime from Space

### Lunch

Israeli Salad

### Chill Out Time

Pixel Art

### Spirituality

Matzo Ball Recipe

JH Kids Holiday Planner

Sunday

Breaky Time

Let's Get Moving

Crunch & Sip

Discovery Learning

Lunch

Chill Out Time

Spirituality

Monday

Breaky Time

Let's Get Moving

Crunch & Sip

Discovery Learning

Lunch

Chill Out Time

Spirituality

Tuesday

Breaky Time

Let's Get Moving

Crunch & Sip

Discovery Learning

Lunch

Chill Out Time

Spirituality

Wednesday

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Discovery Learning

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Spirituality

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Lunch

Chill Out Time

Spirituality

Friday

Breaky Time

Let's Get Moving

Crunch & Sip

Discovery Learning

Lunch

Chill Out Time

Spirituality